

Yosemite High Badger Athletics



50200 Rd 427
Oakhurst, Ca. 93644

(559)683- 4667
FAX (559) 683-8392

Rusty Oetinger
Athletic Director
(559)683-4667 ext.367

Regina Carr
Principal
(559) 683-4667 ext. 323

FALL SPORTS

Boys & Girls Cross Country
Football
Girls Tennis
Girls Volleyball
Boys Waterpolo
Girls Waterpolo
Girls Golf

WINTER SPORTS

Boys Basketball
Girls Basketball
Boys Soccer
Girls Soccer
Wrestling

SPRING SPORTS

Baseball
Softball
Boys Tennis
Boys Golf
Boys & Girls Track
Boys & Girls Swimming
Boys & Girls Diving

HEAD COACHES

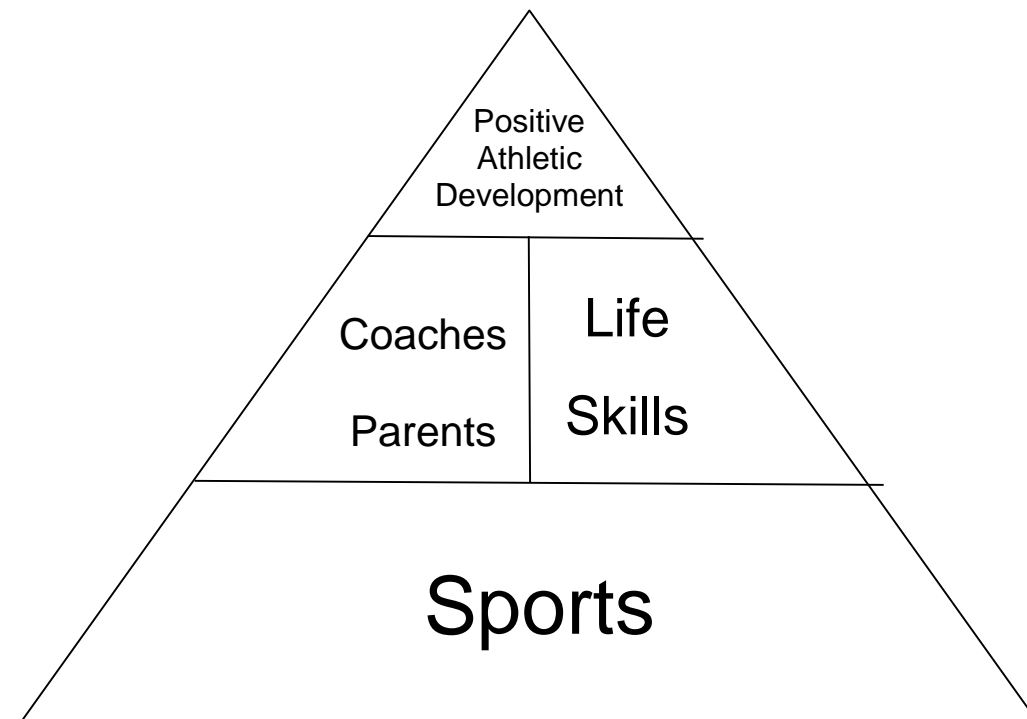
| | |
|---------------------------------|-------------------|
| Baseball..... | Aaron Eames |
| Boys Basketball..... | Erik Peterson |
| Girls Basketball..... | Gary Blate |
| Boys & Girls Cross Country..... | Kim Lawhon |
| Football..... | JD Burnett |
| Boys Golf..... | Reg Turner |
| Girls Golf..... | Rusty Oetinger |
| Boys Soccer..... | Dave Ciccoletti |
| Girls Soccer..... | Vanessa Jasper |
| Softball..... | Dave Maynez |
| Swimming..... | TBA |
| Boys Tennis..... | TBA |
| Girls Tennis..... | Aaron Eames |
| Boys & Girls Track..... | Cari Rumohr |
| Girls Volleyball..... | Michele Chenowith |
| Boys & Girls Waterpolo..... | Patricia O'Neill |
| Wrestling..... | Kent Lincoln |

POLICIES AND PROCEDURES

THE HOW TO'S OF ATHLETICS?

- ☑ Choose the sport you would like to try out for.
- ☑ Fill out "Athletic Packet" found in YHS office or online at <http://www.yosemitehs.com/> Click on **athletics on left side** the athletic clearance packet is on next page. Print and fill out the entire packet
- ☑ Must have an up to date physical.
- ☑ Take completed packet to student store (window to the left of YHS administration building)
 1. Athletic Packet
 2. Grade Check
- ☑ Attend first day of practice (see coach list)

Our Mission: To impact the lives of young people by providing educational programs that build character through the nine core values of Honesty, Integrity, Judgement, Confidence, Responsibility, Respect, Sportsmanship, Perseverance and Courtesy as well as instilling life-enhancing values and promote healthy choices through sports.



This is the model in which we build our sports programs.

PHYSICALS

Yosemite High School will provide physicals on the last Thursday evening in May in the YHS Cafeteria. These physicals are provided by local doctors at a discounted price cost. You may also get your physical with your own private physician.

FOR MORE INFORMATION ON YOUR SPORT PLEASE CONTACT YOSEMITE HIGH SCHOOL AND SPEAK TO THE HEAD COACH.

PARENT GUIDE

EXPECTATIONS OF PARENTS

☐To accompany my child to as many orientations and informational meetings offered by the athletic department or coach as my schedule will permit.

☐To work closely with all school personnel to assure an appropriate academic as well as athletic experience for my child while he/she is in high school.

☐Assure that my child will attend all scheduled practices and athletic contests.

☐Require that my child will abide by the athletic Departments and coaches training rules.

☐Acknowledge the authority of the coach in determining ***strategy and player selections*** and ***playing time*** of each athlete.

☐Promote mature behavior from students and parents during athletic contests.

☐Work cooperatively with other parents and school personnel to assure a wholesome and successful athletic program for our school.

☐Work closely with coaches and other school personnel to identify a reasonable and realistic future for my child as a student athlete, both in high school and college.

CONDUCT

CIF Ethics

It is the duty of all concerned with high school athletics:

- A. To emphasize the proper ideals of sportsmanship, ethical conduct and fair play.
- B. To eliminate all possibilities which tend to destroy the best values of the game.
- C. To stress the values derived from playing the game fairly.
- D. To show cordial courtesy to visiting teams and officials.
- E. To establish a happy relationship between visitors and hosts.
- F. To respect the integrity and judgment of sports officials.
- G. To achieve a thorough understanding and acceptance of the rules of the game and the standards of eligibility.
- H. To encourage leadership, use of initiative, and good judgment by the players on a team.
- I. To recognize that the purpose of athletics is to promote the physical, mental, moral, social and emotional well-being of the individual players.
- J. To remember that an athletic contest is only a game - not a matter of life and death for player, coach, school, officials, fan, community, state, or nation.

The importance of parents behaving as a model spectator cannot be overstated. Parents who support the CIF Code of Ethics provide a role model for other parents and students alike. Of particular concern are parents who harass officials or made comments in the stands regarding judgment decisions made by the coach. This is counter productive and tends to destroy the values of good sportsmanship and the game.

COMMUNICATION

It is imperative that parents respect the position of the coach and the choices he/she makes. In the event that there is an issue concerning your child, please take the following steps so that the problem can be resolved as quickly as possible.

- Step 1 Athletes and Teammate discuss issues with coach
- Step 2 Athlete and Parent discuss issue with Coach
- Step 3 Athlete, Parent and Coach meet with AD
- Step 4 Athlete, Parent, Coach, AD meet with Principal
- Step 5 Athlete, Parent, Coach, AD, Principal meet with Superintendent
- Step 6 Athlete, Parent, Coach, AD, Principal meet with School Board

ELIGIBILITY

The Code of Conduct has been developed to define the expectations for Yosemite High School students in terms of conduct and behavior. The Code shall be strictly enforced 24 hours a day, 7 days a week during the school year. Participation in extra/co-curricular activities is a privilege extended to all, not a right, and the school has the authority to revoke this privilege. It is the belief of the district that students who adhere to the Code will experience personal growth in character as well as physical performance.

To be eligible to participate in extracurricular and co-curricular activities, students must demonstrate satisfactory education progress in the previous grading period including, but not limited to:

1. Maintenance a minimum 2.0 G.P.A. in all enrolled courses on a 4.0 scale.
2. Maintenance of minimum progress toward meeting graduation requirements.
3. High school students must pass a minimum of 30 credits in the preceding grading period.

Student eligibility is based upon official grades submitted **every six weeks**. Eligibility status will be declared two days following the submission of grades. Make-up work after the grading period ends does not change "eligibility" status unless it was due to an incomplete grade due to illness.

The Administration may grant ineligible students a probationary period of not more than one six-week grading period per year. High school students must have earned a minimum of 25 credits in the previous grading period in order to qualify for probation. Students granted probationary status must meet the terms of probation in order to remain eligible for participation. **Students must meet the required eligibility standards by the end of the probationary period in order to remain eligible for participation.** The grade point average used to determine eligibility shall be based on grades of the last previous grading period(six times per year). The Administration may suspend or revoke a student's eligibility for participation in extracurricular and co-curricular activities when the student's poor citizenship or irregular attendance is serious enough to warrant loss of privilege.

Students who fail to meet the eligibility requirements on the basis of 6-week grades will be ineligible for the following 6 weeks.

A student who drops from a team without consent of the coach after a two (2) week tryout period, team cuts or is removed from a squad for disciplinary reasons, shall be ineligible for the remainder of that season including C.I.F. playoffs.

Students must complete an entire season to be eligible for a Yosemite High School letter. Students may not practice with another team until the previous season has concluded.

A violation of any school rule that occurs on campus or at any school sponsored activity will be subject to the School Discipline Policy. The use or possession of illegal drugs, alcohol, tobacco, weapons, fighting, violation of the law, breach of school regulations, defiance of school authority, or breaking of rules established by the coach or advisor will result in appropriate disciplinary action as determined by the code of Conduct Board.

Students who are suspended from school for one full day (A full day is determined by the administration), on or off campus, shall be placed on non-privilege status for five days with additional consequences determined by Head Coach. Athletes who are suspended from school for one day, on or off campus, shall be referred to the athletic code of conduct chart. Code of Conduct hearings will take place immediately after student returns from suspension.

Additional disciplinary action or conditions of reinstatement will be determined by the hearing panel (Code of Conduct Board) appointed by the principal consisting of an administrator, coach or advisor, athletic director, activities director, and counselor.

As a representative of Yosemite High School, students shall dress appropriately and display proper citizenship and sportsmanship.

Students will ride to and from all contests on school provided transportation. Students may be allowed to return from a contest with parent or legal guardian only after parents have signed a student release form. Any other transportation arrangement must be approved by the Administration in advance.

Students must be in attendance the entire school day in order to participate in co-curricular practices or activities unless there is a valid excuse as defined in the school attendance policy (medical or dental appointment, funeral, court appearance, etc.). Students who are excused due to illness may not participate in practices or competition.

Students agree to abide by any other rules or requirements, written or verbal, as established by the coach/advisor.

| YOSEMITE HIGH SCHOOL Extra/Co – Curricular Code Violations - On and Off Campus Guidelines | | | |
|--|---------------------------|---------------------------|---------------------------|
| VIOLATION | DISCIPLINARY ACTION | | |
| | 1 st Violation | 2 nd Violation | 3 rd Violation |
| Sale/Possession or Use of A Controlled Substance (alcohol, drugs, anabolic steroids, etc) | 3 weeks | 6 weeks | 12 months |
| Possession or use of tobacco | 2 weeks | 4 weeks | 12 months |
| Weapon Possession | 4 weeks | 12 months | 24 months |
| Fighting/Assault/Battery | 2 weeks | 4 weeks | 12 months |
| Violation of the law | | | |
| <ul style="list-style-type: none"> • Misdemeanor • Felony | 2 weeks 4 weeks | 4 weeks 12 months | 12 months 24 months |
| *Defiance of authority/continued willful disobedience and/or disruptive or inappropriate behavior | 1 week | 2 weeks | 12 months |
| Breach of school regulation | 1 week | 2 weeks | 12 months |
| Hazing/Sexual Harassment | 3 weeks | 6 weeks | 12 months |
| Hate Violence | 4 weeks | 12 weeks | 24 months |
| Theft/Vandalism/Property Damage | 3 weeks | 6 weeks | 12 months |

- *Defiance of authority/continued willful disobedience and/or disruptive behavior is defined by any act that is considered disrespectful to any adult acting in a coaching/official or educator position. Any act that would be considered a suspendable offense in a classroom will be considered. This includes acts of disrespect that are toward other athletes as well, whether in practice or competition.
- Disclaimer – The above chart is intended to be used as a guideline. Offenses of a more serious nature may result in a more severe disciplinary action.

Notes:

- The Code of Conduct Panel may decide to permit the student to reduce up to one-half the non-privilege period if the student complies with the Panel's prescribed rehabilitation plan. (Except in the area of Defiance of authority.)
- Simple traffic violations such as parking or speeding are not considered code violations.
- Students may be credited for non-privilege time served while waiting for dispensation of a felony case. (The Panel may impose the consequences of a misdemeanor offense for a potential felony matter pending the dispensation of the case in court. If the offense is upheld by the court as a felony conviction, additional consequences may be imposed by the Code of Conduct Panel at that time).
- The Code of Conduct Panel will impose a minimum non-privilege time of 5 school days.
- Athletes may move back one column if they maintain good behavior for a period of 6 months.
- The athlete who violated the code of conduct or Ed Code will not be allowed to practice during his/her first five days of non-privilege. If the non-privilege time is longer than 10 days, the Code of Conduct Panel will determine when the athlete can rejoin his/her team for practice.

Repeat Offenders

- Violations are cumulative throughout a student's high school years.
- When a student has a 2nd or 3rd hearing, even if it is for a different violation, he/she will be facing 2nd or 3rd time consequences.

(Student and Parent / Guardian must sign compliance on Signature Page.)

YOSEMITE HIGH SCHOOL ATHLETIC INFORMATION SHEET

EQUIPMENT

Students are responsible for returning all equipment at the conclusion of the season, and will be charged for any lost or damaged equipment. Failure to clear obligations at the end of the season will result in the student begin ineligible to participate in school activities until they are cleared.

Concussion

What can happen if my child keeps on playing with a concussion or returns to soon?

Athletes with the signs and symptoms of concussion should be removed from play immediately. Continuing to play with the signs and symptoms of a concussion leaves the young athlete especially vulnerable to greater injury. There is an increased risk of significant damage from a concussion for a period of time after that concussion occurs, particularly if the athlete suffers another concussion before completely recovering from the first one. This can lead to prolonged recovery, or even to sever brain swelling (second impact syndrome) with devastating and even fatal consequences. It is well known that adolescent or teenage athletes will often under report symptoms of injuries. Concussions are not different. As a result, education of administrators, coaches, parents and students is the key for student-athlete's safety.

If you think your child has suffered a concussion

Any athlete even suspected of suffering a concussion should be removed from the game or practice immediately. No athlete may return to activity after an apparent head injury or concussion, regardless of how mild it seems or how quickly symptoms clear, without medical clearance. Close observation of the athlete should continue for several hours. The new CIF Bylaw 313 now requires implementation of long and well-established return to play concussion guidelines that have been recommended for several years:

“A student-athlete who is suspected of sustaining a concussion or head injury in a practice or game shall be removed from competition at that time and for the remainder of the day.”

And

“A student-athlete who has been removed may not return to play until the athlete is evaluated by a licensed health care provider trained in the evaluation and management of concussion and received written clearance to return to play from that health care provider.”

You should also inform your child's coach if you think that your child may have a concussion. Remember, it is better to miss one game than miss the whole season. When in doubt, the athlete sits out. For current and up-to-date information on concussions you can go to: www.cdc.gov//ConcussionInYouthSports//

*****WARNING OF RISK*****

I/We give permission for my/our student to participate in organized interscholastic athletics, realizing that such activity involves the potential for injury which is inherent in all sports. I/We acknowledge that even with the best coaching, use of the most advanced protective equipment, and strict observances of the rules, injuries are still a possibility. On rare occasions these injuries can be severe as to result in total disability, paralysis, quadriplegia, or even death.

STUDENT ACCIDENT/HEALTH INSURANCE

Raising children is challenging enough without having to worry about how to access and pay for the medical treatment they need when they get hurt or sick. Low cost accident or accident and sickness insurance is an excellent way to prepare in advance for such challenges. In order to help, your school and thousands of others, participants in a program meant to give you a number of coverage options for your child. Details and an enrollment form are in the accompanying brochure.

Several benefit levels are offered. You can limit coverage to school related injuries only or opt for 24/7 protection. Also offered is a Student Health Care plan (most recommended if your child has no other health insurance), a long term dental accident plan and a pharmacy discount program for your entire family. Whether you are looking to fill in the "gaps" in other insurance or looking for primary coverage for your child, you will probably find an option to fit your needs.

Except for the Dental Accident Plan, these plans also allow you to access a network of doctors and hospitals for discounted charges. While you can use any doctor or hospital, seeking care through contracted providers may reduce your out-of-pocket costs, particularly if your child needs surgery or hospitalization. To find the contracted medical providers nearest you, call 800-877-1666 or log onto www.beechstreet.com.

Coverage can begin as early as May 1 – In time for summer. As a student of a participating school, your child is eligible for enrollment in any of these programs at any time however, you are encouraged to consider early enrollment to get maximum value from the plan(s) selected.

Brochures can be picked up in the front office. Please read brochure carefully. If you have questions, please call the plan administrator, Myers-Stevens & Toohey & co., Inc. at (800) 827-4695 or (949) 348-0656. Bilingual representatives are available for parents who need assistance in Spanish.

(Student and Parent/Guardian must sign regarding above information on Signature Page.)

**AGREEMENT BY ATHLETE AND PARENT/GUARDIAN REGARDING USE
OF STEROIDS**

Directions: As a condition of membership in the California Interscholastic Federation (CIF) and in accordance with Education Code 49030, the Governing Board of the Yosemite Unified School District has adopted board Policy 5131.63 prohibiting the use and abuse of androgenic/anabolic steroids as specified below. CIF Bylaw 524 requires that all participating students and their parents/guardians sign this agreement. (See Signature Page)

We agree that the student shall not use androgenic/anabolic steroids or any dietary supplement banned by the U.S. Anti-Doping Agency as well as the substance synephrine, without a written prescription from a licensed health care practitioner to treat a medical condition.

We recognize that under CIF Bylaw 220.D the student may be subject to penalties, including ineligibility for any CIF competition, if the student or his/her parent/guardian provides false or fraudulent information to the CIF.

We understand that the student's violation of the district's policy regarding steroids may result in discipline against him/her including, but not limited to, restriction from athletics or suspension or expulsion from school.

COMPLAINT PROCEDURES

The District shall follow uniform complaint procedures when addressing complaints alleging unlawful discrimination against any protected group as identified under Education code 200 and 220 and Government Code 11135, including actual or perceived sex, sexual orientation, gender, ethnic group identification, race, ancestry, national origin, religion, color, or mental or physical disability, or age, or on the basis of a person's association with a person or group with one or more of these actual or perceived characteristics in any district program or activity that receives or benefits from state financial assistance. (5.CCR 4610) Direct all complaints to the site principal.

(Student and Parent/Guardian must sign agreement/compliance on Signature Page.)

Ethics in Sports

California Interscholastic Federation
Central Section

P.O. Box 1567 Porterville, CA 93258
Phone (559)781-7586 Fax (559)781-7033
ETHICS IN SPORTS
I. Policy Statement

The Central Section, CIF is committed to the exhibition of sportsmanlike and ethical behaviors in and around all athletic contests. All contests must be safe, courteous, fair, controlled and orderly for all athletes and fans alike.

It is the intent of the CIF that violence, in any form, not be tolerated. In order to enforce this policy, the Central Section has established rules and regulations which set forth the manner of enforcement and of this policy and the penalties incurred when violation of the policy occurs. The rules and regulations shall focus upon the responsibility of the coach to teach and demand high standards of conduct and to enforce the rules and regulations set forth by CIF.

The Central Section requires the following Code of Ethics be issued each year and requires signing by student athletes, parent/guardian and coaches prior to participation as a guide to govern their behavior.

II. Code of Ethics

1. To emphasize the proper ideas of sportsmanship, ethical conduct and fair play.
2. To eliminate all possibilities which tend to destroy the best values of the game.
3. To stress the values derived from playing the game fairly.
4. To show cordial courtesy to visiting teams and officials.
5. To establish a happy relationship between visitors and host.
6. To respect the integrity and judgment of sports officials.
7. To achieve a thorough understanding and acceptance of the rules of the game and the standards of eligibility.
8. To encourage leadership, use of initiative and good judgment by the players on a team.
9. To recognize that the purpose of athletics to promote the physical, mental, moral, social and emotional well-being of the individual players.
10. To remember that an athletic contest is only a game, not a matter of life and death for player, coach, school, official, fan or nation.

III. Violations and Minimum Penalties

Act

Penalties

1. First ejection of player or coach from a contest or SCRIMMAGE for

unsportsmanlike conduct. Ineligible for the next CIF contest (league, non-league, tournament, invitational, playoff, etc., scrimmage excluded). The next contest could be the second game of a doubleheader or even the next season of sport. Athletes competing in concurrent sports would be ineligible for both sports.

2. Second ejection of a player or coach from a contest during the same season of sport for unsportsmanlike conduct. Ineligibility for next two CIF contests as above will carry over the next season of sport.

3. Third ejection of a player or coach from a contest during the same season of sport for unsportsmanlike conduct. Ineligibility for all CIF contests for one calendar year (365 days). Any appeal must go through the CIF Eligibility Committee.

4. Any players that leave the "bench" area to begin a confrontation or leave these areas during an altercation. Ejection from the contest for those players designated by officials. The contest may be terminated by the officials. One or both teams may forfeit the contest.

5. When players leave the bench area to begin a confrontation or leave the bench area during an altercation and in the opinion of the officials, the situation is out of control. Contest stopped, ejection from the contest for those players designated by the officials. The team(s) that left the bench area must forfeit contest, record a loss, and the team(s) and players will be put on probationary status for the balance of the season. A second similar infraction during the season of sport will result in cessation of the sport for the team(s) and/or players. If the act occurs at the end of the season, the probationary period will extend to the next year's season of sport. Any appeal would have to be made to the CIF Executive Board.

6. Illegal participation in next contest by player ejected in previous contest. Ineligibility for remainder of season for player. Forfeiture of contest.

7. Illegal placement of ejected player or illegal participation by coach ejected in previous contest. Constitution and sport governing rules and procedures for a coach who knowingly violates CIF or Section Rules.

8. Any acts of a more serious nature by individuals or teams or situations not specifically covered by this policy or the Constitution or Governing Rules. Area Commissioner may determine and implement penalties for individuals and teams not otherwise specified by CIF Central Section Constitution and Bylaws.

9. If act occurs in CIF Section Finals and both teams are charged with a forfeit. After deliberation by the CIF and a double forfeit is in order, there will be no champion.

10. An ejected coach must leave the site of the contest. The coach may have no contact with his/her team from that point on. If there is no certified replacement for the coach, the contest is halted and the game is forfeited. The coach must also sit out the next contest and cannot attend the contest or have any contact with the team during the contest. The coach may be allowed to participate in practices on days other than the day of the contest.

11. An ejected player may stay on the bench for the remainder of the contest

for supervision reasons. Further disruption by ejected players may force them to be removed from the site. This could lead to a forfeit. Players ejected must sit out the next contest, but may sit on the bench in street clothes.

APPEALS PROCEDURE — First and Second Ejection

Unless otherwise specified, an appeal of the ineligibility of a player or coach may be made, in writing, to the player or coach's site administrator. The site administrator or his/her designee's decision on his/her athlete or coach shall be final and shall be conveyed to the site administrator of the school(s) involved, to the president of the league(s) involved and the CIF Area and Section Commissioner.

PHYSICAL ASSAULT

CIF State Constitution, Article 5, Section 522. Any student who physically assaults the person of a game or event official shall be banned from interscholastic athletics for the remainder of the student's eligibility. A game or event official is defined as a referee, umpire or any other official assigned to interpret or enforce rules competition at an event. A student may, after a lapse of 18 calendar months from the date of the incident, apply for reinstatement of eligibility to the State CIF Commissioner.

For this document, the Central Section also includes coaches, administrators or other school personnel assigned to the contest or games as a game official.

(Student and Parent / Guardian must sign compliance on Signature Page.)

TRANSPORTATION RULES AND PROCEDURES

The following procedures have been written in the most succinct form possible. These procedures will provide safe transportation for athletes throughout the season. Many of our trips are over an hour long, and it is extremely important that all players take these rules seriously. Bus safety is the most important priority.

Bus Rules and Procedures:

The bus driver will instruct all athletes regarding acceptable behavior while on the bus. The bus driver is the *number one* person in charge. All school regulations apply to the conduct of athletes while riding on the bus and while at the contest site.

A coach will supervise all bus trips. Athletes are to obey the bus driver and coaches at all times. Disrespect for persons or rules will be dealt with as a disciplinary violation.

Athletes will be informed of evacuation procedures at the beginning of each bus ride.

Athletes must observe the following:

1. Complete silence at train crossings.
2. Remain seated and facing forward at all times.
3. Keep aisles clear.
4. Refrain from tampering with bus interior/exterior and equipment.
5. Behave in an appropriate manner at all times.
6. No loud, unnecessary noise, no food, no beverages unless pre-arranged with the transportation department.
7. No graffiti, no tobacco products, no litter.
8. No inappropriate language or gestures.

Athletes will usually have time to eat lunch before departing for an away contest. When an early departure is necessary, eating on the bus will be discussed with coach and driver.

Upon returning to the school, athletes are to call home to inform parents of the estimated time of arrival at the Yosemite High School front parking lot. We will estimate our arrival time as accurately as possible, but it is extremely important that parents be waiting at the parking lot or at the official stopping point when the bus/van arrives. There are two official stops that can be made in route back to the high school, Park N Ride @ Road 200 and Coarsegold Chevron. Parents must be at the stop when our vehicle arrives or the athletes will have to continue to ride on the bus to Yosemite High School. It is the coach's responsibility to wait in the parking lot until the last player is picked up. We will appreciate your promptness and consideration.

Athlete Release To Another Adult:

Yosemite High School has a long standing school procedure that must be followed if you wish to transport your athlete from an away contest or if you give permission for your athlete to be transported home by another *adult*. If you wish to have your athlete transported home by another adult, a completed permission card (green) must be approved by the Athletic Director at least two full days before a contest. We cannot guarantee approval if a card is turned in late. A release card (blue) will need to be signed before being released from the game. If you wish to transport your athlete after an away contest, you (parent/guardian) will only need to sign the release card (blue) when your athlete is ready to be released at the game site. It is for the safety of your athlete that we that we follow these procedures exactly.

If you have any questions, please feel free to call the athletic director at 683-4667.